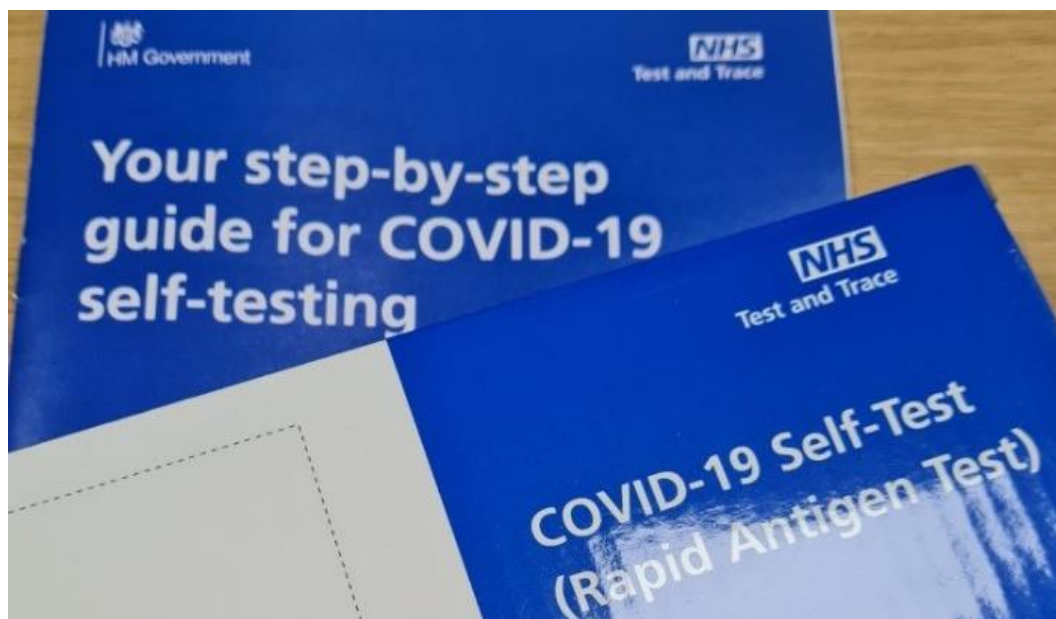


Home Testing at Altwood Church of England School



Please read the information regarding home testing:

We are asking students to routinely take a lateral flow test at home every **Sunday and Wednesday evening**.

The results, both negative and positive, **must** be reported to the NHS, the process for which is explained in the leaflet 'Your step-by-step guide for COVID-19 self-testing' (which were distributed with recent home testing kits). *Please discard the older versions of the leaflet.* You are also required to inform Altwood School. Links are included below for your convenience.

The results, both negative and positive, **must** be reported to:

1) The **NHS**, please see 'Your step-by-step guide for Covid-19 self-testing' leaflet issued with the test kits. **NHS link:** www.gov.uk/report-covid19-result

2) **Altwood School** via this link: [Altwood Home Testing Term 1 2021](#)

Only if your test is positive – please also e-mail covid19@altwoodschool.co.uk stating your child's name, tutor group and the date the test was taken. If your child receives a positive result for their LFD test you must order a confirmatory PCR test as soon as possible by following this link: <https://www.gov.uk/get-coronavirus-test>

We would like the tests to be completed **every Sunday and Wednesday evening** because a PCR confirmatory test is required if anyone records a positive test using the LFD Home Test kit, this gives time for the process and avoids too much disruption to learning.

New Home Test Kits:

The government is now sending out nose swab kits to schools for home use. This is a change to the previous lateral flow tests as the tonsils are no longer swabbed. Instead, both nostrils are swabbed before processing. Please read the instructions enclosed with the test kits and familiarise yourself with the process before starting a test.

The rules for self-isolation have changed from 16th August 2021:

Young people under 18 years and 6 months, along with those double vaccinated no longer need to isolate even if they share a household with someone who has tested positive.

What you should do if you are a close contact:

- Book a PCR test
- Consider wearing a face covering
- Continue to routinely sanitise
- Avoid crowded places where possible

If a student has symptoms of COVID-19 most commonly:

- Fever
- Cough
- Tiredness
- Loss of taste or smell

They must self-isolate and book a PCR test.

If you have any questions about the home testing process then please contact: altwood@altwoodschoo.co.uk please put **home testing** in the subject to help us.

Please note - anyone who has previously received a positive COVID-19 PCR test, should not be retested using lateral flow (or PCR) tests within 90 days of that test, unless they develop new COVID-19 symptoms.