



Physical Education Department

Curriculum Overview - Year 10 Sport Studies

The Big Picture:

In Year 10 pupils will enhance their knowledge and understanding, alongside the transferable employability skills required to work in the sports industry. Year 10 lessons involve a mixture of theoretical-based lessons and practical lessons to ensure that practical skills and relevant knowledge is being developed in preparation for their on-going coursework based assessments, practical assessments and exam-based assessment.

In Year 10, pupils will cover the following: Unit 2 **Developing Sports Skills**, Unit 4 **Sport and the Media**, alongside exam preparation for Year 11.

Developing Sports Skills (Unit 2) – **AO1** Be able to use skills, techniques and tactics/strategies/compositional ideas as an individual performer in a sporting activity.

AO2 Be able to use skills, techniques and tactics/strategies/compositional ideas as a team performer in a sporting activity. **AO3** Be able to officiate in a sporting activity. **AO4** Be able to apply practice methods to support improvement in a sporting activity.

Sport and the Media (Unit 4) – **AO1** Know how sport is covered across the media.

AO2 Understand the positive effects that the media can have on sport. **AO3** Understand the negative effects that the media can have on sport. **AO4** Understand the relationship between sport and the media. **AO5** Be able to evaluate media coverage in sport.

Useful Websites:

<https://www.ocr.org.uk/qualifications/cambridge-nationals/sport-studies-level-1-2-j803-j813/>

Term 1: Introduction to Producing Appropriate Evidence Unit 2 - Developing Sports Skills Unit 4 - Sport and the Media Green Task: Unit 2 (Practical Assessment) + Unit 4 (Task 1) Assessment Objectives covered – Unit 2: AO1 / Unit 4: AO1	Term 4: Unit 2 - Developing Sports Skills Unit 4 - Sport and the Media Green Task: Unit 2 (Task 3) Assessment Objectives covered – Unit 2: AO3 / Unit 4: AO4
Term 2: Unit 2 - Developing Sports Skills Unit 4 - Sport and the Media Green Task: Unit 2 (Task 1) + Unit 4 (Task 2) Learning Objectives covered – Unit 2: LO1 / Unit 4: LO2	Term 5: Unit 2 - Developing Sports Skills Unit 4 - Sport and the Media Green Task: Unit 2 (Task 4) + Unit 4 (Task 4) Learning Objectives covered – Unit 2: LO4 / Unit 4: LO5
Term 3: Unit 2 - Developing Sports Skills Unit 4 - Sport and the Media	Term 6: Unit 4 – Sport and the Media

Green Task: Unit 2 (Task 2) + Unit 4 (Task 3)

Assessment Objectives covered – Unit 2:
AO2 / Unit 4: AO3

Unit 1 – Contemporary Issues in Sport

Green Task: Unit 4 (Task 4) + Unit Assessment 1 (Pre-assessment)

Assessment Objectives covered – Unit 2:
AO4 / Unit 4: AO5