



## Physical Education Department

### Curriculum Overview - Year 8

#### The Big Picture:

Year 8 will study: a range of sports which focus on the assessment criteria of Decision Making, Physical Attributes, Quality of Skills and Range of Skills. Students will focus on Observation and Analysis throughout and develop their Leadership through a variety of roles. The Sports may be subject to change throughout the year depending upon facilities and weather.

AO1: Demonstrate knowledge and understanding of the factors that underpin performance and involvement in physical activity and sport.

AO2: Apply knowledge and understanding of the factors that underpin performance and involvement in physical activity and sport.

AO3: Analyse and evaluate the factors that underpin performance and involvement in physical activity and sport.

AO4: -Demonstrate and apply relevant skills and techniques in physical activity and sport.  
-Analyse and evaluate performance

<p>Term 1: <b>Rugby/Netball</b> <b>Tennis</b> Green Task: Practical assessment throughout the unit Assessment Objectives covered – AO1, AO2, AO3 and AO4</p>	<p>Term 4: <b>Gymnastics</b> <b>Outdoor Adventurous Activities</b> Green Task: Practical assessment throughout the unit Assessment Objectives covered – AO1, AO2, AO3 and AO4</p>
<p>Term 2: <b>Gymnastics</b> <b>Badminton/Volleyball</b> Green Task: Practical assessment throughout the unit Assessment Objectives covered – Decision Making, Physical Attributes, Quality of Skills and Range of Skills</p>	<p>Term 5: <b>Athletics</b> <b>Basketball</b> Green Task: Practical assessment throughout the unit Assessment Objectives covered – Decision Making, Physical Attributes, Quality of Skills and Range of Skills</p>
<p>Term 3: <b>Hockey/Football</b> <b>Health Related Fitness</b> Green Task: Practical assessment throughout the unit Assessment Objectives covered – AO1, AO2, AO3 and AO4</p>	<p>Term 6: <b>Athletics</b> <b>Cricket/Rounders</b> Green Task: Practical assessment throughout the unit Assessment Objectives covered – AO1, AO2, AO3 and AO4</p>