



Teacher of Physical Education

"Life in all its fullness" (John 10:10)

Physical Education at Altwood School provides a broad and balanced curriculum for students to uphold the schools' gospel values and develop their range and quality of skills, decision making and physical attributes in a variety of sports and physical activities.

Students are inspired to be confident, independent and physically literate learners who are passionate about lifelong participation in physical activity. This sparks curiosity for the subject and a sense of responsibility, leadership and respect for others around them. Students recognise their own ability and the ability of others in relation to academic, physical and employability life skills.

The department consists of committed subject specialists who share a passion for achieving the best for our students and instilling a love of their subject, whilst working collaboratively to support the wider life of the school and enjoy the benefits this brings.

We are proud to offer all our students a broad and challenging curriculum which spans a wide range of activities. At Key Stage Three as well as developing their core and advanced skills students develop their understanding of anatomy and physiology, acquisition of skill, psychology of sport and health and well-being. Our students thrive in leadership roles and the areas of communication, organization, responsibility, respect and resilience are embedded in our curriculum which supports the whole school 'Edge' programme. Our student leadership skills are recognised at the Berkshire Leadership Academy and they put their skills to great use at the Berkshire School Games, held at the National Sports Centre of Bisham Abbey. At Key Stage Four we follow the OCR specification for GCSE Physical Education and Sports Studies. These courses are highly popular with students.

Extra-curricular provision is integral to the development of our students and a wide range of inter and intra competition opportunities are highly regarded and well attended. The department are highly committed to the extra-curricular programme and an extensive range is offered both at lunchtimes and after school, and activities range from traditional sports such as football and netball to more alternative activities such as kayaking and paddle boarding. Our enrichment offer is also extended to outdoor adventurous residential trips which are exceptionally popular.

We are fortunate to have well-resourced specialist teaching areas. We have a large sports hall which houses four badminton courts, a newly surfaced all weather pitch, a new synthetic double long jump pit, a separate gym, tennis courts and netball courts, as well as a large, grassed outdoor area for football, rugby and athletics. Opportunities are also given to students to use other local specialist facilities for competition such as the Thames Valley Athletics Centre.