

23rd October 2025

Dear Parent/Carers,

As our busy first term comes to an end, I am writing with some updates from the PE department and would like to take a moment to introduce our two new PE teachers.

Mrs Martin has joined the PE team and is now well known to all students due to her non-stop enthusiasm and apparent ability to be everywhere at once! Mrs Martin has a background in martial arts, she has introduced a girls lunchtime club on Mondays, which is one of our most well attended enrichment activities.

Mr Waters similarly has quickly established himself as a passionate teacher who willingly embraces all aspects of school life! He is the go-to member of the team for all things basketball. When most students and staff are thinking about the weekend on a Friday, Mr Waters is running the ever popular after school basketball club. We are all looking forward to Mr Waters organising our first basketball fixtures.

Our enrichment clubs continue to grow and are a vibrant space for students to try new sports and activities. This term we have offered 10 clubs during morning, lunch and after school sessions with over 220 in attendance. Our enrichment activities are advertised on the website and all students are always welcome. Altwood PE has already been involved in several fixtures this term. The girls netball teams have played league matches and seen notable success beating local rivals along the way.

Next term as the colder weather will begin to arrive, please can I remind families that the Altwood PE kit is: Regulation black 'Altwood' badged polo shirt, Plain black athletic shorts, black sports socks or Altwood black and green football socks. Students may also wear: All black tracksuit bottoms (No branding / logos), Altwood Green and black PE leggings (No other leggings are acceptable, and tights may not be worn under PE kit) and the ¼ zip Altwood badged training top. For safety reasons all jewellery must be removed and long hair tied back.

If students are unable to take a full practical part in PE we ask that they bring a note signed by parents or carers. We will continue to follow 'Sick or fit bring your kit', students who are unable to take a full practical part should still change into PE kit and will still engage in the learning of the lesson taking different roles such as coach, official or observer.

During hockey lessons we strongly recommend students wear a gum shield. Our uniform supplier School Days Direct and the sports shop Sports Direct both sell a range of suitable gum shields.

Next term marks the start of a busy period for PE students taking GCSE and A Level PE. We wish them well as they move into the important stage of coursework completion and practical assessments.

Yours sincerely,

N Morris

Mr. N. Morris

Head of PE



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