



# First Aid Policy

John 10:10: 'I have come that they may have life and live it to the full'

I am known, I am valued, I will succeed.

<b>Approved by:</b>	Headteacher	<b>Date:</b> Sept 2025
<b>Last reviewed on:</b>	Sept 2025	
<b>Next review due by:</b>	Sept 2027	

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## **Statement of intent**

Altwood Church of England School acknowledges and accepts its responsibilities under the Health and Safety (First Aid) Regulations 1981, to provide equipment and facilities that are adequate and appropriate for enabling first aid to be rendered to employees, pupils and visitors in the school.

Our First Aid Policy will be successfully implemented through the delivery of the following aims and objectives:

- Undertaking a First Aid Needs Assessment to determine the requirements for the provision of first aid within the school premises.
- Ensuring that there are suitable facilities and equipment to administer first aid, where necessary.
- Ensuring that there are a sufficient number of staff trained in first aid on duty at all times.
- Ensuring that the requirements of this policy are clear and appropriately circulated, including the location of first aid equipment, facilities and personnel.

The appointed person, responsible for first aid, is: **The Headteacher.**

Where the appointed person is unavailable, the following person(s) will deputise in his/her stead: **The Deputy Headteacher.**

## **1. Legal framework**

- This policy has due regard to statutory legislation, including, but not limited to, the following:
  - Health and Safety at Work Act 1974
  - Health and Safety (First Aid) Regulations 1981
  - The Management of Health and Safety at Work Regulations 1992
  - The Education (School Premises) Regulations 1999
  - Health and Safety (The Reporting of Injuries, Diseases and Dangerous Occurrences (RIDDOR)) Regulations 2013
- This policy will also have regard to the following statutory and non-statutory guidance:
  - DfE (2014) 'First Aid in Schools'
  - DfE (2015) 'Advice on Standards for School Premises'
  - Health and Safety Executive (HSE) (2013) 'Incident reporting in schools (accidents, diseases and dangerous occurrences)'

## 2. Risk assessment

- The **Headteacher** will ensure that an **annual** risk assessment of first aid needs is undertaken, appropriate to the circumstances of the school.
- Where a minimum number of trained first aiders is set, this will be monitored to ensure that the needs identified in the risk assessment are met.

## 3. Facilities

- First aid will be administered in a room that:
  - Is large enough to hold the necessary equipment
  - Has washable surfaces and adequate heating, ventilation and lighting ○ Is kept clean and tidy at all times
  - Is positioned as near as possible to a point of access for transport to hospital
    - Is in close proximity to a toilet facility
  - Displays a notice advising of the names, locations and telephone numbers of first aiders
  - Has a sink with hot and cold water ○ Has drinking water and disposable cups ○ Has soap and paper towels
  - Has a suitable container with disposable waste bags ○ The school's designated medical room is in St Paul's room S101.

## 4. Fixed and portable first aid containers

- First aid containers are identified by a white cross on a green background.
- The school has **one** first aid cabinet, which can be found in the **school medical room**. This cabinet contains a sufficient number of suitable provisions to enable the administration of first aid.
- The school has **six** first aid containers located around the school site. Refer to appendix B.
- The school has **five** travelling first aid containers for use during school trips and offsite visits, which are stored in the **school medical room**.
- No medicinal substances are permitted within a first aid container.
- Blunt-ended stainless-steel scissors should be kept in the container in case clothing needs to be cut away prior to treatment.
- Inventories are kept of all first aid supplies including expiry dates. Full lists can be found in the first aid cabinet.
- The contents of the school's first aid containers will be regularly checked by the **appointed person** and they will be restocked accordingly.

- First aid items will be discarded safely after the expiry date has passed.
- First aid containers will be:
  - Prominently marked as a first aid container.
  - Maintained and in a good condition.
  - Suitable for the purpose of keeping the items referred to above in good condition.
  - Readily available for use.

### **Fixed**

- Fixed first aid containers will contain, at a minimum:
  - A leaflet giving general advice on first aid.
  - 20 individually wrapped and assorted sized, sterile adhesive dressings.
  - Two sterile eye pads.
  - Four individually wrapped triangular bandages (preferably sterile).
  - Six safety pins.
  - Six medium (approximately 12cm x 12cm) individually wrapped unmedicated sterile wound dressings.
  - Two large (approximately 18cm x 18cm) sterile individually wrapped unmedicated wound dressings.
  - One pair of disposable gloves.

### **Portable**

- Portable first aid boxes will contain, at a minimum:
  - A leaflet giving general advice on first aid.
  - Six individually wrapped sterile adhesive dressings.
  - One large (approximately 18cm x 18cm) sterile unmedicated wound dressing.
  - Two triangular bandages.
  - Two safety pins.
  - Individually wrapped moist cleaning wipes.
  - One pair of disposable gloves.

### **Minibuses**

- The school minibus will have on board a first aid container with the following items:
  - 10 antiseptic wipes that are foil packaged

- One conforming disposable bandage (no less than 7.5cm wide) ○  
Two triangular bandages
- One packet of 24 assorted adhesive dressings
- Three large (no less than 15cm x 15cm) sterile unmedicated ambulance dressings
- Two sterile eye pads, with attachments
- 12 assorted safety pins
- One pair of rust free blunt-ended scissors

## 5. Selection of first aiders

- When selecting first aiders, the **Headteacher** should consider an individual's:
  - Reliability and communication skills.
  - Aptitude and ability to absorb new knowledge and learn new skills. ○ Ability to cope with stressful and physically demanding emergency procedures.
  - Normal duties. A first aider must be able to leave immediately in an emergency.
- Unless first aid cover is part of a staff member's contract of employment, people who agree to become first aiders should do so on a voluntary basis.

## 6. Training

- The **Headteacher** is responsible for organising first aid training.
- New staff members are offered first aid training as part of their induction training.
- The school keeps a record of who is trained in first aid and the date that their certificates expire.
- First aiders will be re-trained within three months prior to the end of the third year, when their first aid certificates expire.
- All staff should ensure that they have read the school's First Aid Policy and sign the training record to confirm that they have done this.

## 7. Roles and responsibilities

### First aiders:

- The main duties of first aiders are to:
  - Complete a training course approved by the HSE.

- Take responsibility for the location and contents of the first aid kits.
- Give immediate help to casualties with common injuries and those arising from specific hazards at the school.
- Ensure that an ambulance or other professional medical help is called, where appropriate.

**Appointed person:**

- The main duties of the appointed person are to:
  - Take charge of first aid arrangements, including looking after equipment and calling the emergency services, where necessary.
  - Bear in mind that they are not first aiders. They should not give first aid treatment for which they have not been trained, although it is good practice to ensure that they have emergency first aid/refresher training, including:
    - What to do in an emergency.
    - Cardiopulmonary resuscitation.
    - First aid for the unconscious casualty.
    - First aid for the wounded or bleeding.

## **8. Reporting incidents and record keeping**

**Reporting:**

- The **Headteacher** will ensure that procedures are in place to report any major or fatal injuries to the HSE without delay (e.g. by telephone), as required by RIDDOR. Other reportable injuries will be reported within 10 days.
- If there is an incident involving a pupil, the **Headteacher** will contact the pupil's parents as soon as possible.
- Any serious or significant incidents that do not require emergency attention involving a pupil will also be reported to parents, e.g. by sending a letter home with the pupil.

**Record keeping:**

- The **Headteacher** will ensure that records are kept of any reportable death, specified injury, disease or dangerous occurrence that requires reporting under RIDDOR.
- These records will include the following:

- The date and method of reporting      ○ The date, time and place of the incident      ○ Personal details of those involved in the incident      ○ A brief description of the nature of the incident or disease
  
- Reportable injuries include the following:
  - Fractures, other than to fingers, thumbs and toes      ○ Amputations
  - Any injury likely to lead to permanent loss of sight or reduction in sight      ○ Any crush injury to the head or torso causing damage to the brain or internal organs
  - Serious burns (including scalding), which cover more than 10 percent of the body or cause significant damage to the eyes, respiratory system or other vital organs.
  - Any scalping requiring hospital treatment.      ○ Any loss of consciousness caused by a head injury or asphyxia.
  - Any other injury arising from working in an enclosed space which leads to hypothermia or heat-induced illness, or requires resuscitation or admittance to hospital for more than 24 hours.
  
- Reportable occupational diseases include the following:
  - Carpal tunnel syndrome      ○ Severe cramp of the hand or forearm
  - Occupational dermatitis, e.g. from work involving strong acids or alkali, including domestic bleach
  - Hand-arm vibration syndrome
  - Occupational asthma, e.g. from wood dust or soldering      ○ Tendonitis or tenosynovitis of the hand or forearm      ○ Any occupational cancer
  - Any disease attributed to an occupational exposure to a biological agent
  
- Work-related stress and stress-related illnesses (including post-traumatic stress disorder) are not reportable under RIDDOR, as a reportable injury has to have resulted from a work-related incident.
  
- Dangerous occurrences include the following:

- The collapse or failure of load-bearing parts of lifts and lifting equipment ○ The accidental release of a biological agent likely to cause severe human illness
- The accidental release or escape of any substance that may cause a serious injury or damage to health
- Injuries to pupils and visitors who are involved in an accident at school, or an activity organised by the school are only reportable if the accident results in:
  - The death of a person which arose out of or in connection with a work-related activity.
  - An injury that arose out of or in connection with a work-related activity and the person is taken directly from the scene of the accident to hospital for treatment (examinations and diagnostic tests to not count as treatment).
- Records will also be kept of all occupational injuries where a staff member is away from work or incapacitated for more than three consecutive days, although this does not need to be reported.
- The school does not have to report injuries where the pupil remains at school, is taken home or is simply absent from school for a number of days.
- First aiders will ensure that they comply with the reporting procedures of the school after administering treatment, including recording the following:
  - The date, time and place of the incident
  - The name (and class) of the injured or ill person
  - Details of the injury/illness and what first aid was given
  - What happened to the person immediately afterwards (e.g. went home, resumed normal duties, went back to class, went to hospital)
  - Name and signature of the first aider or person dealing with the incident
- Records will be maintained for no fewer than three years after the incident.
- The accident reporting book is kept in the **school office**.

## 9. Circulation

- The **Headteacher** will inform all staff of the first aid arrangements. This should include the following:
  - The location of the first aid equipment, facilities and personnel
  - The procedures for monitoring and reviewing the school's first aid needs
- Copies of this policy will be made available on the S drive under Staff Induction.

## **10 . Monitoring and reviewing**

- This policy will be reviewed **annually** by the **Headteacher** and the **designated first aid lead**.

This Policy to be reviewed October 2025