

If you have any concerns about  
your child's  
emotional needs  
Relationships  
(0-19 years or 25 years with  
additional needs)  
and how they handle their feelings  
you can call the support line.

## Healthy Minds Parent Support Line

Telephone: 01628 685633

Email: [fis@rbwm.gov.uk](mailto:fis@rbwm.gov.uk)

This help line is open between 10am and 2pm, Monday to  
Friday



**The Parent Support Line can advise on these sensitive issues.**

**If you are struggling to know who to turn to or want to explore your options,  
We offer non-judgemental advice and guidance.**

**Where necessary, we can direct you to another organisation or professional who can support you and your child.**

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